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Jan Goff-LaFontaine Editor and Photographer

Women in Shadow and Light: Journeys from Abuse to Healing

(ISBN: 0974961051; LOC 0974961051; \$35.; Women's Issues/Photography/Abuse; library binding; Creative Minds Press; foreword by Iyanla Vanzant; April 2005 release)

Jan Goff-LaFontaine is a photographer and author whose ongoing work is dedicated to bringing awareness and healing through art. Using 35 mm and medium format cameras, she spends hours to capture a moment in time, then returns to her darkroom to handcraft sensitive portraits that offer viewers a glimpse into the essence of her subjects. With a background in social work Jan uses her art to touch on social issues, yet highlight the positive qualities of the human spirit, bringing hope as well as awareness.

Jan's photography has been exhibited throughout the United States and has been featured in prestigious collections as well as published works. Jan's first book, *Reflections between the Lines*, traced the post-war passage of Vietnam veterans from trauma to healing. Her current exhibition, *Out of the Shadows*, celebrates the strength, courage and beauty of female survivors of physical and sexual abuse, and was the genesis for her new book, *Women in Shadow and Light*. *Out of the Shadows* is on a national tour through 2007, and *Women in Shadow and Light*, will be available in bookstores in April 2005.

Jan serves on the faculty of Peninsula Art School in Wisconsin and offers private instruction in the art and techniques of photography from her home studio in California. She also continues to do freelance photography; she accepts editorial assignments, and her distinctive style is sought after for everything from CD covers to annual reports.

For more information about *Women in Shadow and Light* as well as *Out of the Shadows* exhibitions and events, please visit www.janlafontaine.com. *Women in Shadow and Light* is distributed by Beagle Bay Books and is available from Ingram, Baker & Taylor, Brodart and many other wholesalers. To receive a galley copy of *Women in Shadow and Light* or to arrange an interview with Jan Goff-LaFontaine, please contact Carolyn Izzo-Feldman at CIIC.